# Marathon des Glières - 17 mars 2024 Regulations

#### **RACES AND DISTANCES**

The marathon des Glières is composed of 3 races registered to the Fédération Française de Ski.

Races are opened to FFS members holding a license. Non FFS members (before the race) will pay a fee to get a temporary membership called 'Ticket Course', except for racers affiliated to the Swiss Ski Federation or Spanish Ski Federation.

All participants must provide a valid medical certificate, less than 6 months old, proving their physical ability to enter the ski competition.

# 3 free style races

Mara'30 (30KM), 8h30 start by waves

For participants born in **2005 and before**.

Start by waves.

Access to first waves is possible if less than 250 FFS points, or ranked in the first third on Marathon des Glières 2022, or ranked in the first third on one of the races belonging to the Marathon Ski Tour 2024.

Ordering of the first lines will be done according the the FFS points first and then according to the points got on the Marathon Ski Tour's races.

Score taken into account for the FFS Marathon Ski Tour ranking

Petit Plateau (10KM), 10h30 start

Race open to participants born in **2008 and before**.

Prices for FFS category FFS U16 Men and Women only.

Mini'Glières (4km), start 10h45

Race open to participants born in 2009, 2010, 2011 and 2012.

The organizer of the marathon des Glières reserves the right to alter the routes according to the climatic conditions. A time limit can be put in place on the Mara'30.

The organiser reserves the right, on the day of the event, to cancel or stop the race in the event of bad or dangerous conditions endangering the safety of the participants (runners or volunteers) both in terms of routes, weather or unforeseen events.

In all of these cases, no refund can be requested.

#### **BIBS**

Available only on Sunday from 6h45

Bibs must be returned at the finish line, if not, a 10€ fee will be charged.

#### **TIMING**

Timing is done with with a ankle transponder chip.

A racer that crosses the finish line without the transponder will not be ranked.

The transponder chip must be returned at the finish line, if not, a 60€ fee will be charged.

#### **RESULTS**

Will be displayed by race control and can be checked online on https://www.marathondesglieres.com/resultats/

#### **COPYRIGHT**

All participants should allow use of photos and videos for the promotion of the Marathon des Glières without charge or rights of image.

#### **FOOD**

Provided free of charge on site for all participants, except MiniGlières (snack). Family or friends can purchase a meal.

#### **CANCELLATIONS**

## By the participant:

Any cancellation/refund request by a participant will only be considered for medical reasons and justified by a medical certificate. This request should be sent by email to <a href="mailto:inscriptions@marathondesglieres.com">inscriptions@marathondesglieres.com</a> before the registration closing date. EUR 5.00 will be withheld for administration fees. After this date, no refund will be granted.

Requests to change registration (name change, change of race, etc.) should be sent to <a href="mailto:inscriptions@marathondesglieres.com">inscriptions@marathondesglieres.com</a> before 10/03/2024. EUR 5.00 may be withheld for administration fees.

### By the organizer:

In case of cancellation or change of a race, on the day of the event, due to bad or dangerous conditions endangering the safety of participants, no refund may be requested.

In case of cancellation of an event, for whatever reason, a partial refund of registration fees will be made:

- If the event is cancelled before 25/02/2024, the organiser will refund at least 70% of the registration price (excluding bank fees of the registration platform).
- If the event is cancelled between 26/02/2024 and 16/03/2024, the amount of the refund will be set in such a way as to enable the organization to meet all non-recoverable expenses incurred on the date of cancellation

#### **REGISTRATION FEES**

Mara'30 (30km)

- 30 € ticket course (17€) required for non FFS members Petit Plateau (10km)
- 20 € ticket course (17€) required for non FFS members Mini Glières (4km)
  - 8 € ticket course (6€) required for non FFS members

Price increase +10€ from **Monday 11/03/2024, 0h00** 

End of registration Friday 15/03/2024 12h00

Online registration only

## **COVID**

Best efforts will be made to ensure that the rules of physical distancing are respected within the event. All the information in this regulation is likely to change depending on the health situation.